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Research Partners



UNIVERSITY OF
CALGARY

Are You Pregnant or
Considering Pregnancy?
and
Do You Have Inflammatory
Bowel Disease?



Ethics ID: #23830
Study Title: Materno-Fetal Outcomes in Inflammatory Bowel Disease
Approved by Conjoint Health Research Ethics Board of the University of Calgary

We are looking for research
volunteers

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How does IBD affect pregnancy?

Research has suggested that women with Inflammatory Bowel Disease (IBD) may have a higher rate of pregnancy related complications such as:

- Increased likelihood of cesarean section
- Difficulty becoming pregnant
- Reduced quality of life during pregnancy
- Increased probability of having a pre-term or low birth weight baby

It is difficult to determine whether these potential complications are due to the severity of the disease, medications used to treat the disease, other factors like nutrition, or an interaction of factors.

More information is needed about the impact of IBD & the effects of treatment on the health and development of infants.



Who are we?

We are a team of doctors and researchers from the University of Calgary with a commitment to improve the lives of people impacted by IBD.

What is this study about?

The aim of the study is to determine the impact of IBD and its treatment on a mother and her child's health. This information will inform future treatment strategies for women with IBD who are pregnant or wish to become pregnant with the aim of improving the health of mothers and babies.



Who can participate?

Women who have IBD and are:

- Pregnant in any trimester OR contemplating pregnancy
- Age 18 or older
- Willing to travel to the recruitment site in Calgary for clinic & study-related visits
- Able to speak and write English

Benefits of participation

- The information we collect from this study will inform future treatments strategies for patients with IBD.
- Receive care from our team of doctors and researchers at the IBD Pregnancy Clinic.
- If you choose to participate and later decide to withdraw from the study, you are still welcome to attend the IBD Pregnancy Clinic.

What is involved in participation?

- You will be followed by one of our IBD doctors with a special interest in pregnancy at the University of Calgary Gastroenterology Clinic until 6 months after the birth of your baby. Your regular gastroenterologist or family doctor will be regularly updated on your medical care.
- You may be asked to complete up to 8 questionnaires at specified time points over the course of 4 years. The questionnaires pertain to medical history, family history, pregnancy & obstetric history, social history, lifestyle and diet.
- You may be asked to provide up to 8 blood and urine samples over a period of 4 years—if possible, we will attempt to schedule all study blood work with your routine blood work.
- You may be asked to undergo two ultrasounds to look at your gastrointestinal tract. One would be performed while you are pregnant and the second test would be done after your baby is born. These ultrasounds will NOT replace your routine obstetric ultrasounds arranged by your obstetrician or family doctor.



